

Township of Ocean

RECREATION PROGRAMS

Spring 2023



REGISTER ONLINE:

[REGISTER.COMMUNITYPASS.NET/OCEANTWP](https://register.communitypass.net/oceantwp)

REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, FEBRUARY 22 (RESIDENTS)

WEDNESDAY, MARCH 8 (NON-RESIDENTS)



TOWNSHIP OF OCEAN DEPARTMENT OF HUMAN SERVICES

601 DEAL ROAD OCEAN, NJ 07712

732-531-2600 WWW.OCEANTWP.ORG



TOWNSHIP OF OCEAN

RECREATION PROGRAMS

Spring 2023

601 Deal Road Ocean, NJ 07712

732-531-2600

www.oceantwp.org

RECREATION STAFF

MIKE BUTRICO

Recreation Director

AARON MILLER

*Project Extend Coordinator/
Recreation Coordinator*

KRISTEN WEBER

Recreation Coordinator

JENNIFER NORDSTROM

Events Coordinator

OFFICE HOURS

Mondays-Thursdays

8:30am-6:00pm

Fridays

8:30am - 4:30pm

MAILING ADDRESS

601 Deal Road

Ocean, NJ 07712

PHONE

732-531-2600

FAX

732-517-8567

WEBSITE

oceantwp.org

DATES TO REMEMBER



Registration for Summer Recreation for youth entering grades 1-9 begins
Wednesday, February 15 (residents) **March 22** (non-residents).

Spring recreation program registration begins **Wednesday, February 22**
for Ocean residents.

Non-resident registrations accepted **Wednesday, March 8.**

William F. Larkin Golf Course at Colonial Terrace opens for the season on
Saturday, April 1.

Easter Egg Hunt begins at 11am **Saturday, April 1.**

Registration for Summer Programs & Fall Youth Soccer begins
Wednesday, April 26 for residents.

Non-resident registrations accepted **Wednesday, May 10.**

Ocean Community Pool opens **Saturday, May 27.**

OTHER COMMUNITY RECREATION & SPORTS OPPORTUNITIES

Boys Lacrosse:

oceanyouthlax.com

Girls Lacrosse

oceangirlslacrosse.com

Little League

otll.org

Ocean United Soccer

oceansoccer.com

American Youth Football

oceanayf.splay.com

NFL Flag Football of Ocean

nflflagofocan.com

Girl Scouts

jerseyshoregirlscouts.org

Boy Scouts

monmouthbsa.org

Township Library

monmouthcountylib.org

COMMUNITY CELEBRATIONS



*Easter Egg Hunt
& Bonnet Contest*

Pre-K - Grade 5

Saturday, April 1 11 am

Raindate April 2

Oakhurst Fireman's Field

Registration will be required



MEMORIAL DAY WEEKEND
KICKOFF

**CONCERT &
CELEBRATION**

Featuring So Watt

Thursday, May 25

Joe Palaia Park

Time to be announced



Memorial Day

REMEMBER AND HONOR

Monday, May 29 10 am

Veterans Memorial

Deal Road,

behind the Historical Museum



Independence Day Celebration

Saturday, July 1

Joe Palaia Park

Details will be announced

THANK YOU TO OUR GENEROUS SPONSORS!

PARAMOUNT REALTY
SHREWSBURY VOLKSWAGEN
MIDDLEBROOK AT MONMOUTH

Help Ocean Township celebrate by becoming a Community Celebrations sponsor.
Contact Jennifer Nordstrom for information: jnordstrom@oceantwp.org / 732-531-2600 ext. 6220

Now Hiring!

SEASONAL JOB OPENINGS

Looking for a great seasonal job? Join our team and help us provide recreational opportunities for youth and adults. Seasonal job openings include:

**POOL MANAGERS
POOL FRONT DESK
POOL MAINTENANCE**

**POOL ACTIVITY COORDINATORS
CONCESSION STAND CASHIERS &
COOKS**

For information and a job application, go to oceantwp.org/jobs.
If you have questions, please call 732-531-2600

OCEANTWP.ORG/JOBS

TENNIS/PICKLEBALL COURT RESERVATIONS & USE PROCEDURES

- Dave Dahrouge and Wayside parks each have four tennis courts. Two courts at each park are lined for pickleball play. There are four courts at Oakhurst Fireman's Field. All are lined for pickleball play. The Community Pool and Tennis Facility Courts has six tennis courts. Three are lined for pickleball play. Courts lined for pickleball are "blended courts" that can be used for tennis or pickleball. The NEW pickleball courts at Oakhurst Fireman's field will be first come first serve and please follow the rules posted at the courts.
- Courts at Dave Dahrouge, Wayside and Oakhurst Fireman's Field parks are open 8am to dusk. Courts at the Community Pool & Tennis Facility are open 8 am - 10 pm.
- Residents may reserve court time beginning April 15 and must be registered in the CommunityPass system. Proof of residency is required. Be sure to indicate if you are reserving for tennis or pickleball.
- Players are limited to 1 hour of reserved court time per day. Reserve no more than 1 week in advance . ALL RESERVATIONS CAN BE DONE ON COMMUNITYPASS. More info to follow.
- Daily reservations will be posted at each park prior to 8 am.
- NO tennis ball hoppers.
- Walk-ons can play on a first-come basis if court is not previously reserved. Walk-on use is limited to 1 hour (on the hour) if others are waiting to play. Walk-ons must vacate the courts any time they are reserved.
- Private/group lessons are not permitted without prior authorization by the Recreation Office.



SOFTBALL FIELD USE

Residents may reserve two-hour blocks of time. Reservations accepted no more than 1 week in advance of requested date. Fields are available for use beginning April 15. Call the Recreation Office for information and requirements. Fees apply for use of the fields at the Wanamassa Fireman's Memorial Park Complex.

PARKS AND RECREATION FACILITIES

PARKS

Dave Dahrouge Park

Park Boulevard & Logan Road, Wanamassa

Joe Palaia Park

Dow Avenue & Whalepond Road, Oakhurst

Oakhurst First Aid & Fire Company Memorial Fields

Memorial Parkway, Oakhurst

Wanamassa Firemen's Memorial Park

off Sunset Avenue, Wanamassa

Wayside Park

Green Grove Road, Wayside

INDOOR FACILITIES

Oakhurst Park Meeting Room

Memorial Parkway, Oakhurst

Municipal Gym

1100 West Park Avenue, Oakhurst

West Park Recreation Center & Don & Marie Curtis Senior Center

615 West Park Avenue, Oakhurst

Termer Gallery and classrooms

701 Deal Road in Township library

PARK REGULATIONS

Please be considerate of the following park regulations for the enjoyment of all who visit the facilities. Report any concerns regarding parks and playgrounds to the Department of Human Services, 732-531-2600.

- Park Hours: 7:00 a.m. - sunset
- Parking is permitted in designated areas only.
- Pets must be leashed at all times.
- Please clean up after your pet.
- Golfing is not permitted on softball or soccer fields.
- Alcoholic beverages are not permitted unless special arrangements are made at the Department of Human Services.
- Dispose of trash and recyclables in appropriate containers.

A complete list of park regulations can be found in Chapter XVI of the General Ordinances of the Township of Ocean.

PARK	TENNIS	PICKLE-BALL	SOFTBALL	BASEBALL	BASKET-BALL	PICNIC GROVE	TRAILS	DISC GOLF	PLAY-GROUND
DAVE DAHROUGE PARK	✓	✓	✓ (youth only)			✓			✓
JOE PALAIA PARK/ SAUL RUBIN FIELDS			✓ (youth only)				✓	✓	✓
OAKHURST FIRST AID & FIRE CO. MEMORIAL FIELDS	✓	✓	✓		✓	✓			✓
WANAMASSA FIREMAN'S MEMORIAL PARK			✓	✓					
WAYSIDE PARK	✓	✓			✓				✓

HOST YOUR NEXT EVENT AT A TOWNSHIP FACILITY

Planning a children's birthday party, baby shower, or other special event? The Township of Ocean offers three indoor facilities available for rent. For details and fees, see the website or call 732-531-2600.



The **West Park Recreation Center** has two rooms available for rent. The large room can hold up to 130 people. The smaller room accommodates up to 60 people.



The **Oakhurst Park Meeting Room** can accommodate up to 75 people.

JOE PALAIA PARK

Joe Palaia Park comprises more than 200 acres of open space with woods, walking trails, sports fields and festival grounds.

The tract was once known as the Deal Test Site, and through much of the 20th century it was used by AT&T, Bell Laboratories and then the U.S. Army Signal Corps for research on wireless radio transmissions. During the 1950s and '60s the missiles and satellites launched from Cape Kennedy, as well as Russian satellites such as Sputnik, were monitored from Deal Test Site.

The Township of Ocean acquired the property in 1973 to preserve the land for open space and the enjoyment of the community. In 1998 the park was renamed Joe Palaia Park in honor of Joseph A. Palaia, who was a teacher and principal in Ocean, then served as a councilman, mayor and later a State Assemblyman representing the people of Ocean and surrounding communities.

A three-mile paved loop trail is open year-round to walkers, runners and cyclists. Park in the Whalepond Road entrance to access the trail. Download a trail map at oceantwp.org.

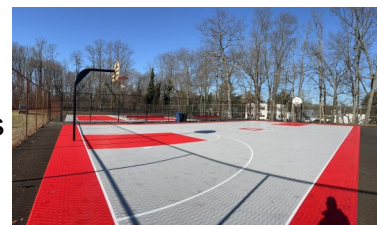


SEE WHAT'S NEW IN YOUR PARKS!



Check out the latest updates to Ocean's parks! Oakhurst Park's basketball courts are ready for spring play, with new surfacing, nets and fencing.

The new pickleball courts at Oakhurst Park are expected to be open for play this spring.



HAVE FUN IN THE SUN AT Summer Recreation

For children entering grades 1 - 9

SUMMER RECREATION is for youth entering 1st through 9th grade.

Your child's day will be filled with crafts, active and passive indoor/outdoor play, on-site special events, and off-site events.

SUMMER RECREATION meets at the Ocean Township Elementary School. Children must be dropped off and picked up at Ocean Township Elementary School.

Children must bring a face covering (wear it when necessary), one bag with their towel, sunscreen, snacks, lunch and water.

Please see the complete program rules and guidelines when registering.



PROGRAM TIME

8:30 AM - 4:30 PM

PROGRAM GROUPS

GROUP 1 GROUP 2
GROUP 3 GROUP 4 GROUP 5
GROUP 6 GROUP 7

REGISTER FOR THREE AVAILABLE SESSIONS

Session 1—July 5 - 14 (no program July 3 & 4)

Session 2—July 17 - 28

Session 3—July 31 - August 11

REGISTER ONLINE:

REGISTER IN PERSON:

REGISTRATION BEGINS:

Register.CommunityPass.net/oceantwp

Recreation Office, 601 Deal Road, Ocean

Wednesday, February 15 at 8:30 am (Ocean residents)

Non-resident registration begins March 22 if space is available

FEE:

Session 1: \$240 (Ocean residents)/ \$290 (non-residents)

ALL OTHER SESSIONS: \$300.00/per child, per session (Ocean residents)

\$350.00/per child, per session (non-residents)

LOCATION:

Ocean Township Elementary School, 555 Dow Ave. Oakhurst

PROJECT EXTEND BEFORE & AFTER SCHOOL CARE

Enriching and affordable child care is offered through the Department of Human Services. Trained professional staff supervise a variety of activities to promote social interaction and safe fun for children. Project Extend is available to children in grades PreK-8 who attend Township of Ocean Public Schools.



HOURS:

BEFORE SCHOOL PROJECT EXTEND for students in grades PreK-4 is held from 7:00 am until the start of the school day on days Township schools are in session.

AFTER SCHOOL PROJECT EXTEND for students in grades PreK-8 begins at the end of the school day until 6:00 pm on days Township schools are in session.

For information about monthly rates and a registration packet call 732-531-2600 or visit oceantwp.org. (Click on Recreation & Counseling tab.)

Staff at the program do not assist with toileting. Children must be able to use toilet facilities on their own and in a timely manner.



HOLIDAY CARE FOR PRE-K - 8TH GRADE

Full day child care is offered on the Township of Ocean school holidays listed below. Children spend the day being active, having fun with friends and making new friends in a safe and supervised environment.



DATES:

Feb. 17 & 20, April 3, 4, 5, 6, 7 & 10, June 2

TIME:

Drop off as early as 7:30 am. Pick up by 5:30 pm.

LOCATION:

**Ocean Township Elementary School,
555 Dow Ave. Oakhurst**

FEE:

**\$45/day (residents) \$55/day (non-residents)
Payments by credit/debit card, check or
money order.**

Registration:

**Open until 1 week prior to first date of each program
or until filled.**

IMPORTANT INFORMATION:

- 1. Minimum enrollment must be met by registration deadline or Holiday Care may be canceled. Registration is now in progress.**
- 2. Families currently registered for Project Extend can register for Holiday Care through CommunityPass or at the Department of Human Services.**
- 3. Families not registered for Project Extend must complete registration forms and submit a one-time registration fee of \$50 prior to enrolling for Holiday Care.**
- 4. Fees are not refundable or transferable as of the close of registration. Refund requests must be made in writing.**
- 5. Send participants with a non-perishable lunch and snacks. Please be sure children are dressed for outdoor activities.**
- 6. Staff at the program do not assist with toileting. Children must be able to use toilet facilities on their own and in a timely manner.**



MESSY SCHOOL

18 MONTHS—5 YEARS PARENT/CHILD PROGRAM



Join our group leader, Miss Amy, for free play, stories, parachute time, songs and messy fun! Under parental supervision, children will enjoy activities such as painting, blocks, play dough, crafts and music. Wear clothes that can get “messy.”

Fee includes 1 parent and 1 child.

SPRING A: TUESDAYS, APRIL 11 - JUNE 6 **NO PROGRAM 5/9**
SESSION 1: 9:30 - 10:20 AM **SESSION 2: 10:30 - 11:20 AM**
SESSION 3: 11:30 - 12:20 PM
SPRING B: WEDNESDAYS, APRIL 12 - JUNE 7 **NO PROGRAM 5/10**
SESSION 4: 9:30 - 10:20 AM **SESSION 5: 10:30 - 11:20 AM**
SESSION 6: 11:30 - 12:20 PM
LOCATION: WEST PARK RECREATION CENTER FEE: \$65 RESIDENTS/\$75 NON-RESIDENTS

BALLET 3 - 5 YEARS



An introduction to basic ballet movements taught by Joanne McKenna of The Studio. Children learn to develop coordination and rhythm as well as gain an appreciation for dance and classical music.

Recommended apparel (not required): tights, leotard and ballet shoes for girls. Comfortable pants & a t-shirt for boys. *This is not a parent/child activity. Parents may sit in the hallway during class.*

MONDAYS, APRIL 17 - MAY 22

9:15 - 10:00 AM

LOCATION: WEST PARK RECREATION CENTER

FEE (T): \$40 RESIDENTS/\$50NON-RESIDENTS

YOUTH DRAWING 2ND - 6TH GRADE

Artist & teacher Theresa Trocchia introduces beginners to the art of drawing . Students learn the use of drawing pencils, pads, blending stumps and other materials. Emphasis is on shadows, sources of light and composition. Materials will be provided for use in class. Please note: This is not a continuation of previous sessions. This program covers the same coursework as previous sessions.



MONDAYS, APRIL 24 - JUNE 12 (NO PROGRAM 5/22 & 5/29)

GRADES 2 & 3: 4:00 - 5:00 PM GRADES 4 -6: 6:00 - 7:00 PM

LOCATION: WEST PARK RECREATION CENTER

FEE(T): \$55 RESIDENTS/\$65 NON-RESIDENTS

JV GYM 5TH - 8TH GRADE

Volleyball, basketball and dodgeball pick up games will be arranged each week. Other gym games are available.



FRIDAYS, APRIL 21 - JUNE 16

6:30 - 8:00 PM

LOCATION: MUNICIPAL GYM

FEE(T): \$40 (OCEAN RESIDENTS ONLY)

**REGISTRATION BEGINS AT 8:30 AM FEBRUARY 22 (RESIDENTS)/ MARCH 8 (NON-RESIDENTS)
 SEE PAGE 18 FOR DETAILS**

Programs may be canceled for unforeseen circumstances such as inclement weather or instructor absences. In the event of cancellations, up to two canceled classes per session will not be made up.

BEGINNER YOGA

For beginners and those who want to refresh their practice. Youth 12-16 may register with participating adult.

TUESDAYS, APRIL 4- JUNE 20 6:30 - 7:45 PM
No PROGRAM 4/25

OPEN LEVEL YOGA

Open to those who have some yoga experience to more advanced practitioners. All levels welcome.

THURSDAYS, APRIL 6 - JUNE 22 6:30 - 7:45 PM
No PROGRAM 4/27

YOGA FOR 55+

Learn the basic practices of yoga geared especially for seniors and those with physical limitations.

SESSION 1: TUESDAYS, APRIL 4 - JUNE 20 *No PROGRAM 4/25*
SESSION 2: FRIDAYS, APRIL 7 - JUNE 23 *No PROGRAM 4/28*
9:30 - 10:45 AM

CHAIR YOGA

Chair yoga is done while sitting and is especially good for seniors and those who have difficulty sitting on the floor. Improve your mobility gently.

THURSDAYS, APRIL 6 - JUNE 22 9:30-10:30 AM
No PROGRAM 4/27

LOCATION: TERNER CLASSROOM

FEE PER SESSION \$100 RESIDENTS/\$110 NON-RESIDENTS

All aspects of yoga are practiced: postures, breathing techniques, guided imagery, deep relaxation and guided meditation. Please bring a yoga mat, towel and blanket. No mat is needed for Chair Yoga.

ZOOM YOGA!

Select your favorite yoga class and choose the virtual option to participate from your home.

MORNING MEDITATION

Focus is on yogic meditation techniques and breathing techniques that quiet the mind. Students learn tips for establishing a consistent practice. Virtual option available.

SESSION 1: TUESDAYS, APRIL 4 - JUNE 20 *No PROGRAM 4/25* **SESSION 2: FRIDAYS, APRIL 7 - JUNE 23** *No PROGRAM 4/28*
TIME: 8:50 - 9:20 AM **LOCATION: TERNER CLASSROOM OR VIRTUAL**
FEE (T): \$60 RESIDENTS/\$70 NON-RESIDENTS

PILATES MAT WORK

A dynamic exercise program using a combination of controlled movements to shape and sculpt long, lean muscles. The class is suitable for beginners and experienced practitioners. Participants should bring a floor mat and towel.

MORNING PROGRAM (IN PERSON) TUESDAYS & THURSDAYS, APRIL 4- JUNE 8 8:45 - 9:45 AM
LOCATION: MUNICIPAL GYM FEE (T): \$80 RESIDENTS/\$90 NON-RESIDENTS
EVENING PROGRAM (VIRTUAL ONLY) MONDAYS & WEDNESDAYS, APRIL 3 - JUNE 7 (NO PROGRAM 5/29)
6:15 - 7:15 PM LOCATION: FEE(T): \$75 RESIDENTS/\$85 NON-RESIDENTS

NIA

Through movement we find health. Nia is a cardio dance fitness class that incorporates martial arts, dance arts and healing arts. Nia promotes mindfulness, holistic fitness and well being.

WEDNESDAYS, APRIL 5 - MAY 31 10:15 -11:15 AM
LOCATION: MUNICIPAL GYM FEE (T): \$35 RESIDENTS/\$45 NON-RESIDENTS

REGISTRATION BEGINS AT 8:30 AM WEDNESDAY, FEBRUARY 22 (RESIDENTS)
WEDNESDAY, MARCH 8 (NON-RESIDENTS) SEE PAGE 18 FOR DETAILS

Programs may be canceled for unforeseen circumstances such as inclement weather or instructor absences. In the event of cancellations, up to two canceled classes per session will not be made up.

INTRODUCTION TO PICKLEBALL

Pickleball is fast, fun and easy to learn! Players of all levels enjoy this sport that combines the elements of tennis, badminton and table tennis. Andre Blanquer will teach beginners everything they need to know to get started. Paddles will be provided for use during program.

Make-ups will be scheduled for rain only. There are no make-ups or refunds due to student absence.

SESSION 1: WEDNESDAYS, JUNE 7 - 28

TIME: 6:15 - 7:15 PM

SESSION 2: SATURDAYS, JUNE 10 - JULY 1

TIME: 12:30 - 1:30 PM

LOCATION: OAKHURST PARK

FEE(T): \$70 RESIDENTS/\$80 NON-RESIDENTS



OPEN PLAY PICKLEBALL

This sport combines the elements of tennis, badminton and table tennis and is enjoyed by players of all levels. Courts are available for open play. Paddles are available for use during program.



MONDAYS, APRIL 3 - JUNE 12

11: 00 AM - 1:00 PM (NO PROGRAM 5/29)

WEDNESDAYS, APRIL 5—JUNE 14

12:00 - 2:00 PM

THURSDAYS, APRIL 6 - JUNE 15

1:45 - 3:45 PM

THURSDAYS, APRIL 6- JUNE 15

5:30 - 7:30 PM

LOCATION: MUNICIPAL GYM

FEE (T) PER SESSION: \$25 RESIDENTS/\$35 NON-RESIDENTS

It is always recommended that you check with your physician prior to participating in exercise activities.

TENNIS FOR BEGINNERS



Adult group lessons for beginner players, age 17+. Five 1-hour lessons teach basic skills and sharpen existing skills. Bring a racquet and an unopened can of tennis balls to first class. Please wear appropriate footwear.

Make-ups will be scheduled for rain only. No make-ups or refunds for student absence.

MONDAYS, JUNE 5 - JULY 3

LOCATION: OAKHURST PARK

FIRST TIME BEGINNERS: 6:30 - 7:30 PM

BEGINNERS + (A LITTLE EXPERIENCE): 6:30 - 7:30 PM

FEE(T): \$100 RESIDENTS/\$110 NON-RESIDENTS

FOR INFORMATION ABOUT RESERVING TENNIS AND PICKLEBALL COURTS, SEE PAGE 4.

PICKLEBALL TOURNAMENT JULY 15!

OPEN DOUBLES PICKLEBALL TOURNAMENT

Times will be announced in the Summer Brochure along with registration info.

Now is the time to start looking for your ideal doubles partner!



REGISTRATION BEGINS AT 8:30 AM FEBRUARY 22 (RESIDENTS) / MARCH 8 (NON-RESIDENTS)
SEE PAGE 18 FOR DETAILS

WOMEN'S OUTDOOR FITNESS



All women are welcome at this outdoor, High-Intensity Interval Training (H.I.I.T.) workout. Instructor Hollie Fallon, an ACE certified personal trainer and group fitness instructor, leads an interval style format that alternates cardio, H.I.I.T. and strength rounds in one, super efficient workout. Meet friends and make new connections, all in a motivating and energizing environment. Women of all ages and stages welcome.

Tuesdays and Thursdays, April 11 - May 18

Time: 9:30 - 10:30 am

Location: Dave Dahrouge Park

Fee: \$75 residents/\$85 non-residents

VOLLEYBALL

Three courts are available for open play. Participants are welcome to separate for games based on ability or to combine all levels of players. Site supervisor is available to coordinate games.

The gym does not have air conditioning.

SESSION 1 (T): TUESDAYS, APRIL 4- JUNE 13

8:00- 10:00 PM

SESSION 2: THURSDAYS, APRIL 6- JUNE 15

8:00 - 10:00 PM

LOCATION: MUNICIPAL GYM

FEE PER SESSION: \$25 RESIDENTS/\$35 NON-RESIDENTS



BASKETBALL

For adults 18 and over, courts available for "pick up" basketball. Please note: The Municipal Gym does not have air conditioning. No youth or guests permitted on site.



SESSION 1 (T): SUNDAYS, APRIL 2 - JUNE 11

8:00 - 10:00 AM

(No PROGRAM 4/9 & 5/28)

SESSION 2: MONDAYS, APRIL 3- JUNE 12

8:00 - 10:00 PM

(No PROGRAM 5/29)

SESSION 3: WEDNESDAYS, APRIL 5- JUNE 14 8:00 - 10:00 PM

LOCATION: MUNICIPAL GYM

FEE/SESSION: \$25 RESIDENTS/\$35 NON-RESIDENTS

It is always recommended that you check with your physician prior to participating in exercise activities.

STAY CONNECTED!

Get all the latest news about recreation programs and special events.



FACEBOOK: OceanTwpHumanServices

TWITTER: @OTHumanServices

INSTAGRAM: OceanTwpRecreation

WEBSITE: Oceantwp.org



**REGISTRATION BEGINS AT 8:30 AM FEBRUARY 22 (RESIDENTS) / MARCH 8 (NON-RESIDENTS)
SEE PAGE 18 FOR DETAILS**

GOLF LESSONS

Learn to play or improve your game with Coach Rob Connelley. All lessons are held outdoors at William F. Larkin Golf Course at Colonial Terrace. Golf clubs are available for use during class.

Coach Rob Connelley has more than 25 years of coaching and instruction experience at private country clubs and numerous golf schools.

Rob is a PGA ADM Coach, U.S. Kids Certified Coach, First Tee Certified Coach, Els for Autism Instructor, NJ Special Olympic Coach, LPGA Girls Golf and the St. Rose High School Boys Golf Coach, where the program won 8 Sectional State Titles and 1 Group State Title with numerous student athletes playing collegiate and professional golf. He was named NJ Boys High School Golf Coach of the year in 2017.

Rob teaches to his student's strengths enforcing fundamentals of the game, utilizing V1 video swing analysis.



BOOK A PRIVATE LESSON WITH COACH CONNELLEY AT COLONIALTERRACEGOLF.COM

GOLF 101

For the adult golfer who is just starting or who has had some exposure to golf. Learn chipping, pitching, putting, sand play and full swing fundamentals and principles. Upon completion of lessons participants are invited to play nine holes with a course staff member. Details will be provided at class.



SESSION 1:	TUESDAYS, MAY 30 - JUNE 20	6:30 - 7:30 PM
SESSION 2:	WEDNESDAYS, MAY 31 - JUNE 21	6:30 - 7:30 PM
SESSION 3:	FRIDAYS, JUNE 2- 23	10:15 - 11:15 AM

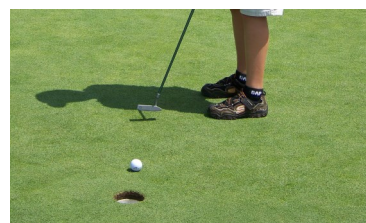
FEE(T): \$60 RESIDENT/SESSION \$70 NON-RESIDENT/SESSION

GOLF 102

For the player who has participated in prior lessons, has experience playing on different golf courses and has good fundamental skills. Upon completion of lessons participants will be given a pass to play a round at William F. Larkin Golf Course.

SESSION 4:	THURSDAYS, JUNE 1- 22	6:30 - 7:30 PM
SESSION 5:	THURSDAYS, JUNE 1- 22	10:15 - 11:15 AM
SESSION 6:	FRIDAYS, JUNE 2- 23	9:00 - 10:00 AM

FEE(T): \$60 RESIDENT/SESSION \$70 NON-RESIDENT/SESSION



**REGISTRATION BEGINS AT 8:30 AM FEBRUARY 22 (RESIDENTS)/MARCH 8(NON-RESIDENTS)
SEE PAGE 18 FOR DETAILS**

CLASS CANCELLATION POLICY

*Programs may be canceled for unforeseen circumstances such as inclement weather or instructor absences.
In the event of cancellations, up to two canceled classes per session will not be made up.*



ZUMBA
gold

Zumba Gold, with instructors Patty Megill and Graciela Saltos, uses the same great Latin-style music and dance as Zumba Basic, but at a lower intensity and slower pace. It's a fun, exciting program designed for older adults.

TUESDAYS & THURSDAYS, APRIL 11 - JUNE 22

10:00 - 11:00 AM

NO PROGRAM 5/9, 5/11

LOCATION: MUNICIPAL GYM

FEE (T): \$65 RESIDENTS/\$75 NON-RESIDENTS.

IT IS RECOMMENDED THAT YOU CHECK WITH YOUR PHYSICIAN PRIOR TO PARTICIPATING IN EXERCISE

STRENGTH, STRETCH & BALANCE

Instructor Joanne McKenna uses gentle strength training, stretches & balance exercises to help you feel your best.

SESSION 1: MONDAYS, APRIL 17 - JUNE 19 (NO PROGRAM 5/29) 10:10 - 11:00 AM

LOCATION: WEST PARK RECREATION CENTER

FEE (T): \$30 RESIDENTS/\$40 NON-RESIDENTS

SESSION 2: FRIDAYS, APRIL 21- JUNE 23

10:10 - 11:00 AM

LOCATION: MUNICIPAL GYM

FEE (T): \$35 RESIDENTS/\$45 NON-RESIDENTS

FITNESS FOR FIFTY FIVE+

A safe, fun exercise program designed especially for older adults. Classes include cardiovascular workouts with choreographed steps, strength training with weights and floor work for a complete workout.

MONDAYS, WEDNESDAYS & FRIDAYS, APRIL 3- JUNE 9 (NO PROGRAM 5/29)

9:00 - 10:00 AM

LOCATION: MUNICIPAL GYM

FEE: \$40 RESIDENTS/\$50 NON-RESIDENTS

ADULT ACRYLICS

Learn the basic concepts of acrylic painting in a relaxed, encouraging atmosphere. Still life subjects are provided. Discover your own creativity even if you never held a paint brush before. Students will be shown how to mix paints to achieve the desired color and the preparation of the canvas and development of a painting. Use our acrylics or bring your own. One canvas board will be provided; one per session. (You may purchase others at local arts and crafts stores). You may bring your own paint brushes or use ours. The knowledge of drawing would be helpful.

TUESDAYS, APRIL 11- MAY 30

SESSION 1: 12:30 - 2:00 PM

SESSION 2: 3:00 - 4:30 PM

LOCATION: DON & MARIE CURTIS SENIOR CENTER

FEE(T)/SESSION: \$65 RESIDENTS/\$75 NON-RESIDENTS

CHAIR EXERCISE - WISE MOVES

This seated exercise program works wonders on the body, mind, and spirit. The Wise Moves are done to fun music and will enhance strength, balance, flexibility, endurance, and quality of life. Wise Moves are simple and adaptable to people of all ages, sizes, and abilities.

WEDNESDAYS, APRIL 5 - MAY 31

11:30 AM - 12:15 PM

LOCATION: MUNICIPAL GYM

FEE: \$35 RESIDENTS/\$45 NON-RESIDENTS



**REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, FEBRUARY 22 (RESIDENTS)
WEDNESDAY, MARCH 8 (NON-RESIDENTS) SEE PAGE 18 FOR DETAILS**

Professional, caring and confidential counseling services, free for Ocean Township residents

**WE ARE HERE FOR YOU...
HELP IS JUST A PHONE CALL AWAY!**

Highly trained mental health professionals help people address a number of issues such as anxiety, grief, coping with loss, depression, family and relationship issues.



**DAY OR EVENING
APPOINTMENTS.
TO SCHEDULE,
CALL 732-531-2600**

LET'S TALK



**A social and learning program for adults
age 60 and older**

Join seniors living in Ocean for conversation, coffee and light refreshments. Together we'll explore topics of interest such as health & wellness, relationships and who we are today. There is no cost to join and limited transportation is available.

**Space is limited—registration is required.
Call 732-531-2600 to register**



**Mondays: 3/27, 4/24, 5/22, 6/26,
7/31**

**West Park Recreation Center 1-
2:30 pm**

Refreshments! Prizes!

Free for Ocean residents! \$10 for non-

FREE RIDES FOR OCEAN TOWNSHIP SENIORS

ROUND-TRIP TRANSPORTATION TO SHOPRITE AND WEGMANS

DID YOU KNOW?

Free round-trip transportation via Monmouth County SCAT is available 4 times a month for Ocean seniors age 60+?

STEP 1: Register with Monmouth County DHS,
732-431-6480 Option 1

STEP 2: Call Mark at Ocean Township DHS,
732-531-2600 to schedule your ride.

Please schedule at least 2 days in advance.

**FREE TRANSPORTATION FOR MEDICAL
APPOINTMENTS, SHOPPING AND ER-
RANDS**

Senior Rides

For shopping and errand trips, riders must be able to carry their own packages to and from the Township van.

SCHEDULE IS SUBJECT TO CHANGE

Call 732-531-2600 at least 2 days in advance
to schedule a ride

MEDICAL APPOINTMENTS:

Monday, Wednesday, and Friday - 9 am-2 pm

SHOPPING & ERRANDS:

Tuesday and Thursday - 9 am-2 pm

VNA OF CENTRAL JERSEY FREE HEALTH SCREENINGS FOR ADULTS 55+

**THIRD THURSDAYS OF EVERY MONTH
1 - 2 PM**

DON & MARIE CURTIS SENIOR CENTER

NO APPOINTMENT NECESSARY

SERVICES INCLUDE:

- Monitoring of Vital Signs
- Medication Review
- Nutrition Education



**DON & MARIE CURTIS SENIOR CENTER 615 WEST PARK AVE.
Call 732-531-2600 to sign up for emails about events for seniors**



There's Always Time For Nine

732-775-3636

ColonialTerraceGolf.com

1003 Wickapecko Drive, Wanamassa



**William F. Larkin Golf Course was named one of the
Top 25 Short Courses in the U.S. (#23) by the
GolfPass Golfers' Choice 2022 Survey and one of the
Top 20 Courses (#16) with public access in New Jersey.**



Ocean's beautiful 9-hole golf course opens for the season Saturday, April 2. Conveniently located in Wanamassa, the course offers 2,616 yards of golf from the longest tee for a par 35, reasonable rates, leagues and lessons for golfers of all ages and abilities. Open daily from 7 am until dusk. Book tee times online or call 732-775-3636.

SPECIAL EVENTS

- **Mother's Day: Sunday, May 14**
Moms play free when accompanied by a paying son or daughter age 7 or older.
- **Father's Day: Sunday, June 18**
Dads play free when accompanied by a paying son or daughter age 7 or older.

2023 COURSE FEES (9 HOLES ONLY)

Township Resident Fees

Walking: \$16.00 / with cart: \$28.00

Non-Resident Fees

Walking: \$21.00 / with cart: \$33.00

Pull Cart Rental: \$5.00/cart

Golf Club Rental: \$12.00

Only paying guests are permitted on the course; no caddies or spectators are permitted. All players are required to exit the course after 9 holes.

Minimum course age is 7 years. Adult supervision (21+) is required for youth 7-11 years.

*See the website for more information.
and course regulations.*



APRIL SPECIAL!

\$14 GREENS FEES

• EVERY DAY, ALL GOLFERS!

ADULT GOLF LESSONS

Coach Rob Connelley offers expert instruction for beginner and intermediate level players.

See page 14 for details.



YOUTH LESSONS

Group lessons are available for youth ages 8 - 17 through The First Tee of the Jersey Shore. Go to: thefirstteejerseyshore.org for more information.



OCEAN COMMUNITY POOL & TENNIS FACILITY

615 WEST PARK AVENUE, OAKHURST

A beautiful facility with three outdoor pools: an activity pool for all ages, a main pool with a lap swimming area and a dive tank. Additional amenities include locker rooms with changing areas, a snack bar, tennis, basketball and sand volleyball courts, shade structures and shaded picnic areas. Staff supervise scheduled youth activities such as water games, crafts, story time, Bingo and active play.

A variety of memberships for resident and non-resident individuals, families and seniors are available. Township residents can use the facility without a membership by paying a daily fee. Visit oceanwtp.org for information.

OPENS SATURDAY, MAY 27!

- Open 10:00am – 8:00pm all weekends May 27 June 25
- Open Saturday, Sunday, Monday, Memorial Day Weekend 5/27 – 5/29
- Open 10:00am – 8:00pm* daily from the June 25 through Labor Day, September 4

**Beginning August 10 the facility will close at 7:30 pm.*

**Beginning August 17 the facility will close at 7:00 pm.*

**Hours are subject to change*



SWIM LESSONS

Contact intotheswim.com for information about swim lessons available at the Community Pool or visit the oceanwtp.org, pool page for a link to Into the Swim.



TENNIS & PICKLEBALL LESSONS & CAMPS

Andre Blanquer will offer lessons, camps, clinics and special events this summer at the Oakhurst Park courts. Private lessons for youth & adults are offered.



View the brochures at oceanwtp.org or email andretenniscamps@hotmail.com for information.

SUMMER JOBS AT THE POOL!

Looking for a great summer job?

WE ARE HIRING!

Go to oceanwtp.org/jobs for information and an application.



HOW TO REGISTER

In-person or by mail:

1. Complete a registration form on the last page of this brochure. If registering for more than one program, a separate form must be completed for each program.
2. **IN-PERSON:** Beginning at 8:30 am on Wednesday, February 22 registration for Ocean residents will take place at the Department of Human Services office. Staff will register walk-ins in the order in which they are received. Registrants must remain onsite until registration is completed.
3. **BY MAIL:** Registrations received by mail on February 22 will be processed in random order throughout the day. Forms received before registration begins will be returned unprocessed.



Online Registration:

If you have previously registered for programs, a family account is already set up for you. If you don't know your user name and password, call 732-531-2600 for assistance prior to registration dates. First-time registrants, follow the instructions below to create an account using CommunityPass.

1. Go to www.oceantwp.org and click on the Recreation & Counseling tab. Click on "Click Here to Register for Programs" OR logon directly to <https://register.communitypass.net/oceantwp>. Follow instructions to create an account or skip to Step 2 if you already have an account.
2. Login with your user name & password, select "Browse Activities" and choose the appropriate category.
3. Verify that your family account information is accurate. Verify your email address.
4. Select participants: add additional family members here. Select the members you wish to register to view programs available. Volunteer coaches & assistants can also register here.
5. Select from the list of age/grade appropriate programs displayed for each family member. Click on the activities and view "details" to the right of the program name.
6. Complete the registration for each participant. Review your information and pay using Visa or Mastercard. Confirmation will be sent to your email address.

JOB BANK FOR ADULTS & TEENS

Seasonal positions are available through the Recreation Office and the Department of Public Works. Positions include: park and pool maintenance, program supervisors, pool recreation personnel, pool front office, pool snack bar, full and half-day recreation counselors.



Applications for seasonal positions within the Recreation Office will be accepted February through early April. Job descriptions and applications are available at www.oceantwp.org/jobs.

Positions may be limited based on status of returning staff from previous seasons. For information about employment opportunities in Department of Public Works, call 732-531-5000 ext. 3363.

IN-PERSON OR MAIL-IN REGISTRATION FORM

1. On Wednesday, February 22 registration will begin at 8:30 am online or in person at the **DEPARTMENT of HUMAN SERVICES**. Registration for non-residents will be accepted beginning Wednesday, March 8, if space is available.
2. Registration takes place during dates specified in the brochure and will be accepted on a first come basis until maximum enrollment is met. Forms received prior to registration opening will be returned unprocessed. **Once maximum enrollment for program is met, registration will close.** If a minimum requirement is not met, program may be canceled.
3. Registration will be accepted on-line, through the mail or in person at the Recreation Office from 8:30 - 4:30, Mondays through Fridays. Registration **will not** be accepted on site at programs.
4. For walk-in or mail-in registrations, form must be completed and submitted with the designated fee in order to be registered for a program. Incomplete forms will be returned unprocessed. Please use one form per person per program. Staff will register walk-ins in the order in which they are received, using the online program. Registrants are expected to remain onsite until the process is completed.
5. All checks payable to: **Township of Ocean** (unless otherwise specified); Mastercard & Visa accepted.
6. Age requirements must be met by program starting date. Copy of participant's birth certificate may be requested.
7. Program refunds will be granted only if the program is cancelled by the Recreation Office (no service charge will apply) or if the vacated spot can be filled prior to the start of the program. Request for refund must be made in writing. Refunds will not be considered following the start of a program. Granted refunds will be assessed a \$10.00 service charge. Requests for refunds received within the appropriate time frame may also be credited to the registrant's Family Account (with no processing charge held) and applied to a future activity.
8. The Township of Ocean has established a Participation Code of Conduct (copy available upon request and posted on Township website). Compliance is required for participation in activities.
9. It is understood that images of participants may appear in footage on the Township cable station, Township website, social media accounts, and in photographs promoting activities sponsored through the Department of Human Services.

RECREATION REGISTRATION FORM (RECREATION OFFICE, 601 DEAL RD., OCEAN, NJ 07712)

I. HOUSEHOLD INFORMATION:

PRIMARY ADULT NAME (First/Last): _____
PRIMARY ADULT DOB (mm/dd/yr): _____
MAILING ADDRESS: _____ - ____
TOWN: _____ ZIP: _____
HOME PHONE: _____ EMAIL ADDRESS: _____
CELL PHONE: _____ DAY PHONE: _____

II. PROGRAM NAME: _____ SESSION: _____

III. PARTICIPANT INFORMATION:

PARTICIPANT NAME (First/Last): _____
DOB: _____ GENDER: M F GRADE : _____ (grade as of Sept. 2022)
EMERGENCY CONTACT (first/last): _____ PHONE _____
PARTICIPANT'S WORK PHONE (adult programming only): _____

IV. Participant (if over 21)/Parent/Guardian Signature: _____

1. Does this program registrant require special assistance or accommodations to enjoy this program? ____ If yes, please note the physical or developmental disability and limitations (or any other situation) and include with registration form. Requests for special assistance must be received at least three weeks prior to the start of the program.
2. Due to the strenuous nature of some activities, registrant should consult a physician prior to participation. It is the responsibility of the participant to inform the Recreation Office of any physical disabilities that may limit his/her participation in a program.
3. Please note that participant assumes the responsibility of all reasonable risks which may exist due to participation in Township-sponsored events.
4. I have reviewed and understand the Registration/Refund procedure as provided in the seasonal brochure.
5. The Township of Ocean has established a Participation Code of Conduct and it is understood that compliance is required for participation in Township activities. A copy is available upon request.
6. It is understood that images of the participant noted on this form may appear in footage on the Township television station, the Township website and social media accounts, and in photographs promoting activities sponsored through the Department of Human Services.
7. As per NJ State Law (P.L. 2006, Chapter 306), school age youth who wear corrective eyeglasses are directed to wear protective eyewear that meets established safety standards during certain activities (including but not limited to basketball, soccer, tennis, lacrosse, baseball/softball). Please consult your child's eye doctor for specific information.

Office use: Date: _____ Amount: _____ Check#: _____ FAM ID #: _____ Int. _____